

EATING DISORDERS ASSOCIATION OF NEW JERSEY

Dedicated to prevention, education and outreach

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www.edanj.org

For more information or to become a member, please call 1-800-522-2230 or visit our web site at www.edanj.org

Eating Disorder Support Groups in New Jersey

EDANJ support groups are facilitated by an eating disorders professional. In addition, most are co-facilitated by a recovered person who can offer insights from his or her recovery process. While a support group does not take the place of individual therapy or nutrition therapy, it can be a very powerful adjunct tool in the recovery process.

Hackensack *Bergen County*

Date: Third Saturday of the Month

Time: 10:00 a.m. – 11:30 a.m.

Location: Hackensack Medical Center, Hekemian Conference Center

Contact: Pia Jacangelo, LCSW
(973) 882-4099

Red Bank *Monmouth County*

Date: Fourth Saturday of the Month

Time: 10:30 a.m. – 12:00 p.m.

Location: Riverview Medical Center
Blaudell Auditorium

Contact: Monmouth Psychological Associates
(732) 530-9029 or (800) 870-9029

East Brunswick *Middlesex County*

Date: Second Saturday of the Month

Time: 10:30 a.m. – 12:00 p.m.

Location: East Brunswick Library
Ryders Lane–Civic Center Dr.

Contact: Ann Chicchi, MS, RD
(732) 254-7896

Montclair *Essex County*

Date: Second Sunday of the Month

Time: 10:00 a.m. – 11:30 a.m.

Location: Mountainside Community Hospital, Main Building, First floor

Contact: Maureen Kritzer-Lange, LCSW
(973) 313-1691 or
Ilene Fishman, LCSW
(973) 509-1400

Bedminster *Somerset & Hunterdon Counties*

Date: 4th Saturday of the Month

Time: 10:00 am - 11:30 am

Location: Clarence Dillion Public Library
(Lower Level Meeting Room)
2336 Lamington Rd.

Bedminster, NJ 07921

Contact: Leslee Robinson Oliu, MPH, RD, CHES
(908) 832-5530 or
Kim Leatherdale, MA, ATR, LPC
(908) 256-4779



To help support our organization, EDA NJ asks for a \$5.00 donation per support group for non-members. We always welcome professionals or recovered persons who are interested in volunteering as facilitators to contact us.